



Required Hours Log

Name: _____

Location: _____

Date	Session Type (check one)	Duration (# of hours)	Provider Name	Provider Signature
	<input type="checkbox"/> Personal Session <input type="checkbox"/> Individual Consultation <input type="checkbox"/> Group Consultation			
	<input type="checkbox"/> Personal Session <input type="checkbox"/> Individual Consultation <input type="checkbox"/> Group Consultation			
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	<input type="checkbox"/> Personal Session <input type="checkbox"/> Individual Consultation <input type="checkbox"/> Group Consultation			

Level 1 Students	Level 2 Students
<ul style="list-style-type: none"> Complete 5 personal sessions prior to attending Fundamentals II online, and another 5 after Fundamentals II. You may complete your personal session hours with anyone from the EQUUSOMA® or SETI provider lists (or someone who is dually-approved), as these personal sessions can take place with or without horses present, in person or online/by phone. Complete 5 <u>individual</u> consultations in person or remotely with any EQUUSOMA®-approved consultation provider (may be dually-approved with SETI). Consults must be related to horse-human interactions (actual cases or examples, application of theory and principles). These consultations can take place at any point during Level 1 after Fundamentals I. Complete 5 <u>group</u> consultations in person or online with any EQUUSOMA®-approved consultation provider or faculty member (may be dually approved with SETI). Group consults are limited to 5 students to 1 consultation provider or faculty member and focus on your Level 1 assignment. 	<ul style="list-style-type: none"> Complete 5 personal sessions of Somatic Experiencing® with horses (mandatory). These sessions can be done in person or online with any EQUUSOMA®-approved personal session provider, (or dually approved with SETI) with your horses or the provider's. These can be completed at any point during Level 2 (a minimum of 3 must be done before Practical Intensive II). Complete 6 <u>individual</u> consultations in person or remotely with any EQUUSOMA®-approved consultation provider (may be dually-approved with SETI). Consults must be related to horse-human interactions (actual cases or examples, application of theory and principles). These consultations can take place at any point during Level 2. Complete 6 <u>group</u> consultations. These consultations can be done in person or online with any EQUUSOMA® faculty member. Group consultations are limited to 5 students to 1 faculty member and focus on your Level 2 assignment.
<p>Each session and consultation is 60 minutes long and will be signed off on the log sheet. At least 5 consultations (group or individual) must be with a faculty member.</p>	