



Required Hours Log

Name: _____

Stream: _____

| Date | Session Type (check one) | Duration (# of hours) | Credit Hours (1 group hour = 0.5 credit hour) | Provider Name | Provider Signature |
|------|---|-----------------------|---|---------------|--------------------|
| | <input type="checkbox"/> Personal <input type="checkbox"/> Workshop <input type="checkbox"/> Consultation <input type="checkbox"/> Group Consultation | | | | |
| | <input type="checkbox"/> Personal <input type="checkbox"/> Workshop <input type="checkbox"/> Consultation <input type="checkbox"/> Group Consultation | | | | |
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EQUUSOMA® PRACTITIONER CERTIFICATE HOUR REQUIREMENTS BY STREAM

| Equine-Assisted Therapy/Learning and Equine Professionals | Somatic Experiencing® Professionals | Other Helping Professionals |
|---|---|--|
| <ul style="list-style-type: none"> 10 hours of personal sessions of Somatic Experiencing® (with or without horses present) from either a SETI or EQUUSOMA®-approved provider. Attending a 2-day group workshop combining SE™ and equines will count as an equivalent for 5 personal session hours. 15 hours of case consultation with an EQUUSOMA®-approved provider. | <ul style="list-style-type: none"> 10 hours of personal sessions in one or various approaches to equine interaction programs (with or without Somatic Experiencing®). Attending a 2-day group workshop combining SE™ and equines will count as an equivalent for 5 personal session hours. 15 hours of case consultation with an EQUUSOMA®-approved provider. | <ul style="list-style-type: none"> 10 hours of personal sessions of Somatic Experiencing® (with or without horses present) from either a SETI or EQUUSOMA®-approved provider. 5 additional hours of personal sessions in one or various approaches to equine interaction programs (with or without Somatic Experiencing®). Attending a 2-day group workshop combining SE™ and equines counts as an equivalent for 5 personal session hours. 15 hours of case consultation with an EQUUSOMA®-approved provider. |

A maximum of 5 credit hours can be completed in group consultation. The rest must be in 1:1.