

This is an overview of available English language college, university, training, apprenticeship, internship and certification programs in the field of equine-assisted practice currently in existence, as well as relevant conferences/symposium events. Information below has been compiled based on internet research and understanding of the field. Any factual errors or omissions are unintentional and readers are encouraged to review the websites below for up to date information about each program.

Please contact me with any corrections or updates to be added to future revisions of this list. Note: This list does not constitute an endorsement of the programs that are listed. By using this list, you agree that I am not responsible for the quality and safety of any of the programs listed below or liable for any issues that may occur as a result of participating in any of these programs. Individuals are encouraged to research programs and use their own discernment in selecting professional development.

International Equine-Assisted Practice Trainings and Certifications (English Language)									
Approach	Titles and/or Scopes of Practice	Founders or Current Leaders	Location	Format(s)	Who Certifies?	Training / Certification Details	Has Been Researched (Published Outcome Studies)	On the ground, mounted, or table work?	Website
Adventures in Awareness Equine-Facilitated Experiential Learning (EFEL)	AIA Instructor. Open to horse professionals, health professionals, animal handlers, educators, students.	Barbara Rector	USA	Training	N/A	14-day internship plus written assignments, log book of 300 hours of work in AAT, co-facilitation of an AIA short course, mentoring and portfolio.	Yes. And incorporates neuroscience research (HeartMath Institute).	Ground and mounted	www.adventuresinawareness.net
AEFL Equine-Facilitated Learning	EFL Level 1 Facilitator; EFL Level 2 Facilitator	AEFL	Australia	Training and Certification	Australian Equine Facilitated Learning (AEFL)	Level 1: 4 day training. Level 2: 3 day training. Additional training in mounted work.	Unknown	Ground and mounted	www.efl.net.au/
Animal-Assisted Interventions and Wellness (includes horses)	Animal-Assisted Therapist; Animal-Assisted Wellness Practitioner; Animal Handler Note: equine-assisted certification at Dreamcatcher Association will be offered in future. However, the Lakeland College certificate program includes an equine component.	Eileen Bona and team	Canada	Training and certification	Founder's training institute: Dreamcatcher Animal Assisted Wellness Academy. Also offers a certificate through Lakeland College	Dreamcatcher certification: live training (2 days), online courses (144 hours), 2 internships (72 hours), and additional requirements. Lakeland College program: 30 credits (10 courses, 9 of which are online)	No	Ground	www.dreamcatcherassociation.com/academy.html www.lakelandcollege.ca/academics/human-services/programs/animal-assisted-wellness/overview/default.aspx
Animal-Assisted Therapy (includes horses)	Certified Animal-Assisted Therapy Professional	Animal Behavior Institute	USA	Training and certification	Animal Behavior Institute	15 credits (1 course on equine-assisted therapies)	No	Unclear	www.animaledu.com/Programs/A

									nimal-Assisted-Therapy?d=1
Animal-Assisted Therapy (includes horses)	Specialist – Expert Diploma, Bachelor’s degree in AAT, Master’s degree in AAT, PhD in AAT	Bircham International University	International	Training	Post-secondary education	Online and distance learning.	No but may incorporate research on EAPL in general (academic program)	Unclear	www.bircham.edu/animal-assisted-therapy.html
Animal-Assisted Play Therapy™ (includes horses)	Certified: Animal-Assisted Play Therapist; Professional Practitioner of AAPT; Associate of AAPT; Canine Support Specialist; Equine Support Specialist; Certified AAPT Supervisor; Certified AAPT Instructor	Risë van Fleet and Tracie Faa-Thompson	USA and UK (international locations)	Training and certification	Founder’s training institute (International Institute for Animal Assisted Play Therapy™)	Multi-level training; 8 days (60 hours) and online courses (50 hours). Application process, supervision hours, video submissions and practical assessments required.	Unknown	Ground	http://risevanfleet.com/international/
Anthrozoology (includes horses)	Undergraduate major	Carroll College	USA	Training	Post-secondary education	Contact Carroll College for details	No but may incorporate research on EAPL in general (academic program)	Unclear	www.carroll.edu/academic-programs/anthrozoology
CanTRA Equine-Facilitated Wellness	CanTRA EFW Mental Health Professional (basic or advanced), CanTRA EFW Education Professional (basic or advanced), CanTRA EFW Equine Professional (basic or advanced). Required for CanTRA-accredited facilities/programs. Adopts safety parameters typical of therapeutic riding (2 facilitators with 1 client and 1 horse at any given moment, helmets even if not riding), for EFW taking place at CanTRA facilities.	CanTRA	Canada	Training and certification	Canadian Therapeutic Riding Association.	See website for certification requirements at each level.	Unknown	Ground and possibility of mounted (equine professional must hold therapeutic riding instructor qualifications)	www.cantra.ca/en/our-services/equine-facilitated-wellness
Cartier Farms BuildingBlock™ Equine-Assisted Learning (EAL)	Certified EAL Facilitator	Gayle Cartier and team	Canada	Training and certification	Founders	20 days of training over multiple modules plus mentoring support.	Yes	Ground	www.cartierfarms.ca

Chiron's Way Equine-Guided Development (EGD) and Equine-Facilitated Wellness (EFW)	See details below for EFW	Sandra Wallin	Canada (international locations)	Training	Training approved as part of the EFW-Canada certification process	See details below for EFW Also: Art of Equus Advanced Apprenticeship (20 days)	No	Ground	www.sandrawallin.com/equine-guided-development
Certification Board for Equine Interaction Professionals (CBEIP)	Certified Equine Interaction Professional. Open to mental health professionals, education professionals, and EI facilitation professionals.	National board of directors and advisors	North America	Certification only	Independent body (CBEIP) that certifies regardless of training approach	Application process, eligibility requirements and 3 hour written exam.	Not applicable	Not applicable	www.cbeip.org
Dune Lakes Lodge Equine-Assisted Learning	Open to a variety of backgrounds	Rosemary Wyndham-Jones and Alistair Wait	New Zealand	Training and certification	Founder's company, Dune Lakes Lodge	42-day training over 1 year, multiple modules	Unknown	Ground	https://dunelakeslodge.co.nz/equine-assisted-learning-certification/ https://equinepathfinders.org.nz
EAFPN Membership	Membership for equine-assisted practitioners with standards of practice	EAFPN	UK and International	Membership	Equine Assisted and Facilitated Practitioners' Network	See website; not a training but a membership credentialing process to establish standards of practice	Unknown	Not applicable	www.eafpn.co.uk
EAGALA Equine-Assisted Psychotherapy (EAP)	EAGALA Certified. Advanced EAGALA Certified. Open to mental health professionals and equine specialists.	Lynn Thomas, admin team and board of directors	International	Training and certification	Professional association (Equine Assisted Growth and Learning Association)	Basic certification (5 days of training and online course); Advanced certification (8 days of training). Additional requirements include submitting a portfolio, completing an online assessment, completing facilitation hours, mentoring hours, article submission, attending conferences/forums, and application form.	Yes	Ground	http://www.eagala.org
EAQ® Equine-Assisted Learning	EAQ® EAL Facilitator. Open to professionals of various backgrounds.	Tricia Day	UK	Regulated / accredited training and centre	Founder's training program: Equine-Assisted Qualifications® (EAQ); level 4	17 days of intensive training over 3 weeks, with 1 day off between modules	Unknown	Ground	www.equineassistedqualifications.com

				approval process	certificate (OFQUAL regulated)				
EATA Equine Assisted Therapy and Counselling	For professionals who wish to enter into a joint career in counselling and equine-assisted therapy; provides a recognized Diploma of Counselling (CHC51015)	EATA	Australia	Recognized credential training	Equine Assisted Therapy Australia	Full time course; 72 weeks	Unknown; references some of the research on their website	Ground	www.equineassistedtherapyaustralia.com.au/
EFMHAA Membership	Practitioner level 1, 2 or 3 (open to individuals who have completed 1) at least 1,000 hours of undergraduate training in EFMH or 2) a post-graduate degree in counselling, psychotherapy or psychology with specialist training in EFMH)	EFMHAA	Australasia	Membership	Equine-Facilitated Mental Health Association Australasia	See website; not a training but a membership credentialing process to establish standards of practice	Unknown	Not applicable	https://www.efmhaa.com
EPI Model Equine-Assisted Therapy (EAT) and Equine-Assisted Learning (EAL)	Equine Psychotherapy Practitioner – Foundation or Advanced Level. (open to mental health professionals); Equine Learning Practitioner – Foundation or Advanced Level (open to other professionals)	Meg Kirby and Noel Haarbarger	Australia	Training and certification	Founders' training institute: Equine Psychotherapy Institute	Foundation training level: 126 hours (3 training intensives), supervision and assessment. Advanced training: 222 hours, supervision and assessment.	Unknown. However, model covers trauma neuroscience and senior faculty trained in Somatic Experiencing (also grounded in neuroscience)	Ground	www.equinepsychotherapy.net.au/
Eponaquest Approach™ (EFP and EFEL) and associated programs (Power of the Herd, Master Herder)	Eponaquest Recommended Instructor. Riding Focused Instructor. Epona Instructor Partner. Former titles: Epona Approved Instructor / Advanced Approved Instructor (open to a variety of backgrounds).	Linda Kohanov	USA and Australia	Training	N/A	Multi-level training; Instructor level (32 days); Advanced Instructor level (see website). Application process, eligibility requirements, and additional requirements.	Unknown	Ground and mounted	https://eponaquest.com http://eponaquest.com.au
EquiLateral Equine-Assisted EMDR	Trauma-informed and trauma-specific approach (open to mental health professionals trained in EMDR).	Sarah Jenkins	USA	Training	N/A. Training approved by EMDR International Association (EMDRIA).	30 hours of training (3 hours online, 3 days in person).	No. However, the regular EMDR protocol has been extensively researched and is considered	Ground and mounted	www.dragonflyinternationaltherapy.com/EAEMDR/about-sarah-jenkins/

							evidence-based therapy.		
Equine-Assisted Learning	EAL Facilitator (requires 3 rd level qualification in social and/or health care field)	Festina Lente	Ireland	Accredited training	QQI level 6 accredited training (Certificate in Life and Workplace Coaching)	18 day training with distance learning and assessments	Yes	Unclear	http://festinalente.ie/gqi-courses/equine-assisted-learning-facilitator-training-programme/
Equine-Assisted Learning	EAL Facilitator	Chris Scott	Australia	Training	Founder's business, HorseVision Equine-Assisted Learning	8 day program divided into 4 levels	No	Ground and mounted	https://horsevision.com.au/
Equine Assisted Learning Center EAL Training Program	EAL Facilitator	Sarah Janosik, Lynne Silver and Julie Puentes	USA	Training	N/A. Training graduates are eligible to register for Eponaquest Apprenticeship.	20 days of training over 5 modules.	No but founders are trained in Somatic Experiencing and incorporate trauma neuroscience	Ground	www.equineassistedlearningcenter.com/facilitator-training/
Equine-Assisted Mental Health	Post-graduate certificate program, open to individuals with a master's degree in mental health, counselling, social work, clinical psychology or adventure-based therapy.	Prescott College	USA	Post-Masters Certificate Training	Post-secondary education	5 courses, 15 graduate credits, 1 year in length. Online course work, supervised practice experience.	No but may incorporate research on EAPL in general (academic program)	Ground	https://online.prescott.edu/online-certificate-programs/equine-assisted-mental-health
Equine-Assisted Mental Health	Bachelor's degree in Equine Science, Psychology or Social Work, with possible minor in Equine-Assisted Mental Health (focus may lean more towards therapeutic riding)	Judson College	USA	Training	Post-secondary education	Contact program for details	No but may incorporate research on EAPL in general (academic program)	Unclear	www.judson.edu/wp-content/uploads/2016/10/Equine-Science-Course-Requirements-and-Descriptions-2016-2017.pdf
Equine-Assisted Mental Health	Post-graduate certificate program. Open to individuals with a master's or doctorate degree in a mental health-related discipline (social	University of Denver, Institute for Human-	USA	Post-Masters Certificate Training	Post-secondary education. Meets requirements for	3 distance education courses, 3 residential workshops, 50 hours of supervised client	No but may incorporate research on EAPL in general	Unclear	www.du.edu/humananimalconnection/programs-

	work, counselling, psychology, etc.), including students of University of Denver's Animal-Assisted Social Work MSW program as well as other professionals with EAMH Practitioner	Animal Connection			certification with CBEIP.	work, and 50 hours of additional trainings	(academic program)		education/eamh.html www.du.edu/socialwork/programs/oncampus/twoyear/certificates/aaswcertificate.html
Equine-Assisted Mental Health and Learning	Custom training to meet the needs of professionals of various backgrounds	Leif Hallberg	USA	Training	Not applicable	Custom trainings of various lengths	No but is grounded in research on EAMHL	Unclear	https://leifhallberg.com
Equine-Assisted Personal Development (EAPD) – now called Internal Compass	Under redesign	Chris Irwin	Canada (international locations)	Under redesign	Under redesign	Under redesign	No	Unclear	http://chrisirwin.com/internal-compass/
EAPISA Equine-Assisted Psychotherapy	Open to mental health professionals and horse professionals	Kim Kidson and committee	South Africa	Training	Not applicable. Training offered by Equine-Assisted Psychotherapy Institute of South Africa	3 modules with case studies, assignments and exams	Unknown	Ground	www.eapisa.co.za/web/index.asp
Equine-Assisted Psychotherapy	Single university course in the context of an equine certificate program	Texas Tech University	USA	Single course	Post-secondary education	Single course	No but may incorporate research on EAPL in general (academic course)	Unclear	www.depts.ttu.edu/afs/horse/Courses.php
Equine-Assisted Therapy	Minor in equine-assisted therapy	St. Mary of the Woods College	USA	Training	Post-secondary education	21 credit hours	No but may incorporate research on EAPL in general (academic program)	Ground	www.smwc.edu/academics/departments/social-behavioral-sciences/equine-assisted-therapy-minor/
Equine-Assisted Therapy	Minor in equine-assisted therapy	Wesleyan College	USA	Training	Post-secondary education	30 hours of coursework (4 courses).	No but may incorporate research on EAPL in general (academic program)	Ground	www.wesleyancollege.edu/register/catalog/equine-assisted-therapy.cfm

Equine-Assisted Training (EAL Train the Trainer)	Equine-Assisted Training Specialist. For professionals wanting to create and deliver corporate trainings or to hone their EAP/EAL skills.	Tim Manson	USA	Training and Certification	Founder's company, Innovative Horizons	10 day training	No	Ground	www.innovativehorizons.com/eq uinecertification.html
Equine-Connected EMDR™ and Rhythmic Riding™	Trauma-informed and trauma-specific approach. Open to mental health professionals trained in EMDR.	Tim Jobe and Bettina Shultz-Jobe and team	USA (international locations)	Training and certification	Founders' training institute (Natural Lifemanship); training approved by EMDR International Association (EMDRIA).	EC-EMDR: 3 days of training. Rhythmic Riding: 3 days of training.	No. However, the regular EMDR protocol has been extensively researched and is considered evidence-based therapy.	Ground and mounted	https://naturallifemanship.com/
Equine Connection™ BuildingBlock™ Equine-Assisted Learning (EAL)	Certified EAL Facilitator	Kari Fulmek, Carolyn Charles and team	Canada and Australia (international locations)	Training and certification	Founder's training institute	Level 1: 5 days. Level 2: 2 days. Level 3: 2 days. Certification occurs at each level. Application required.	Yes (based on original Cartier Farms curriculum; see above)	Ground	www.equineconnection.ca http://leadingedge Lifeskills.com.au/equine-assisted-learning-certification/
Equus Effect	Trauma-informed and trauma-specific approach, with particular focus on veterans but applicable to other populations. Equus Effect Facilitator.	Jane Strong and David Sonatore	USA	Training	Not applicable	Contact founders for information. Attendance at a 3-day introductory workshop is mandatory before taking the training.	No. However, the founders are trained in Somatic Experiencing and integrate knowledge of trauma neuroscience.	Ground	www.theequuseffect.org/
Equine Experiential Education (E3A model EAL)	Certified Equine Experiential Education Facilitator. Advanced Certified Equine Experiential Education Facilitator. Focus on corporate, leadership, team building, education, personal development and wellness (not therapeutic in nature).	Founded by national committee; Board of directors.	USA (international locations)	Training and certification	Professional Association (Equine Experiential Education Association)	Multi-level training; Level 1 certification (6 days and online course), Level 2 certification (1 day and 6+ coaching hours). Application process; self-tests and evaluation.	Unknown	Ground	www.e3assoc.org
Equine-Facilitated Human Development (EFHD) and EF Psychotraumatology	Trauma-informed and trauma-specific approach.	Shelley Carr and Barbara	UK	Regulated / accredited training	Professional association (IFEAL Qualifications; soon to be	Level 5 diploma in EFHD: 20 days over 4 modules plus additional requirements.	Yes (currently in progress) and EFPT is based on	Ground	http://ifealqualifications.com

	EFHD Practitioner; EFPT Practitioner (each has different pre-requisites)	Murray and team			renamed IFEEL); Crossfields Institute Level 5, Level 6 and Diploma in EFHD (OFQUAL regulated).	Level 6 diploma in Equine-Facilitated Psychotraumatology: 15 days over 3 modules, plus distance learning, written assignments, horsemanship and practical assignments and supervised workshop. Advanced diploma in EFPT currently in development.	neuroscience of trauma		
Equine-Facilitated Learning (EFL)	EFL Facilitator	Kathleen Barry Ingram	USA	Training	N/A	One on one mentoring program including consultations, written assignments, email correspondence and live work with the horses.	No. However, is evidence informed (draws on neuroscience)	Ground and mounted	http://sacredplaceofpossibility.com
Equine-Facilitated Learning and Coaching (EFLC)	Open to mental health professionals, equine professionals, and individuals from other backgrounds.	Kathy Pike	USA	Training and certification	Founder's training institute, The Academy for Coaching with Horses	EFLC Level 1: 7 days EFLC Certification: 21 days, 3 day workshop, live teleclasses, coaching and mentoring, fieldwork and reading assignments, and recorded trainings	Unknown	Ground. EFLC can be integrated into mounted work for professionals with credentials in that area.	https://coachingwithhorses.com/eflc-certification-program/
Equine-Facilitated and Assisted Professionals	Senior Accredited Member, Accredited Member, and Member	SAFE Professionals	UK	Directory for members who have met RQF equivalent qualification levels 5-7	Directory: Standards for Assisted and Facilitated Equine Professionals	See website for membership level details	Not applicable	Not applicable	www.safeprofessionals.org
Equine Gestalt Coaching Method® (EGCM)	EGCM Coaches (open to professionals from variety of backgrounds)	Melisa Pearce	USA and Canada	Training and certification	Founder's Touched By A Horse® Certification program	8 in person modules (number of hours not specified on website), 48 coaching sessions, and written exam.	Yes, however study not published in a peer-reviewed journal	Ground. EGCM can be integrated into riding but not taught in program.	www.touchedbyahorse.com/ http://egcmetho.com/

Equine-Guided Education™ (EGE)	Certified Equine Guided Educator (open to educators, coaches and therapy professionals).	Ariana Strozzi Mazzucchi	USA	Training and certification	Founder's training institute: Skyhorse Equine Guided Education™ / Equine Guided Education Association (EGEA)	Multi-level training (15 training days plus online course). Application process.	Unknown	Ground	http://casariranch.com/sky-horse-equine-guided-education/
Equine-Guided Coaching and Education (EGCE)	Equine Guided Coach, Equine Guided Educator	Lynn Baskfield	USA (international locations)	Apprentice training	Not applicable	Custom apprenticeship programs (3, 6 or 12 months in length).	Unknown	Ground	www.equinecoaching.com
Equine-Facilitated Wellness (EFW)	Certified EFW Professional, Dual Certified or Tri Certified. Certified EFW-Can Mentor. Certified EFW-Can Trainer (open to mental health professionals, EFL professionals, and equine professionals).	Founded by national committee; Board of directors.	Canada	Training and certification	Professional Association (EFW Canada)	Multi-level training, 135 hours total offered over multiple modules plus online content. Additional requirements for certification include mentoring, cross-training, video submissions, and personal work.	No. However, is evidence informed (some trainers focus on neuroscience of trauma and attachment)	Ground. Mounted work a possibility for individuals who have credentials as a riding instructor or coach.	www.equinefacilitatedwellness.org
Equine-Facilitated Wellness (EFW)	Bachelor's degree, Equine Facilitated Wellness track: consists of a double major in Equine Management and Psychology with emphasis on equine-assisted mental health.	Asbury University	USA	Training	Post-secondary education; not affiliated with EFW-Canada	Contact program for details	No but may incorporate research on EAPL in general (academic program)	Unclear	www.asbury.edu/academics/departments/psychology/equine-facilitated-wellness/
EquineOM Horse and Yoga Integration	For individuals who want to teach equine-assisted yoga	Mandy Inabinett	USA	Training	Approved by Yoga Alliance	Contact program for details. Offers in person training and certification that can be completed online. Unclear if program requires a horse background, and unclear if program teaches about recognizing equine stress responses (based on promotional video).	No	Ground and mounted	www.equineom.com/
Equine-Partnered Play Therapy (EPPT)	Mental health professionals	Hallie Sheade and team	USA	Training	N/A	Contact founder for details.	Unknown	Ground	www.equineconnectioncounseling.com/eccs-models.html
Equus Coaching®	Equus Coach, Master Facilitator (different requirements; program	Koelle Simpson	USA	Training and certification	Founder's training institute: Koelle	Equus Coach®: coaching groundwork teleclasses ,	Unknown	Ground	https://koelleinstitute.com

	accepts individuals from various backgrounds)				Institute for Equus Coaching®	onsite practicums (6-7 days), and final skills assessment. Master Facilitator: 16 90-min teleclasses, 4 day onsite training, shadowing 4 workshops, and facilitating a 2-day workshop.			
EQUUSOMA™ Equine-Assisted Trauma Recovery with Somatic Experiencing®	Trauma-informed and trauma-specific approach (open to equine-assisted practice professionals and Somatic Experiencing® professionals or individuals with training in SETM-related approaches).	Sarah Schlote	Canada (international locations)	Continuing education skills training	Not applicable; training approved by SETM Trauma Institute (SETI; pending)	7-day training intensives.	No. However integrates trauma neuroscience. Founder is trained in Somatic Experiencing® and EMDR, among other approaches.	Ground. Future training intensives may focus on table work (which is part of Somatic Experiencing®).	www.equusoma.com
Facilitated Equine Experiential Learning® (FEEL)	FEEL Facilitator; Advanced FEEL Facilitator; FEEL Partner Facilitator (open to professionals from a variety of backgrounds).	Wendy Golding and André Leclipteux and team	Canada (international locations)	Training and certification	Founders	Training offered over multiple modules; certified Facilitator (17 days total); certified Advanced Facilitator (5 days). FEEL Partner Facilitator (5 days). Application process.	No	Ground, mounted and table	https://horsespiritconnections.com
Foundations in Equine-Assisted Mental Health and Equine-Assisted Learning	Open to a variety of backgrounds; looks at core competencies to practice EAP and EAL effectively and safely regardless of approach	Leif Hallberg	International	Training	Training in process of being accredited through various bodies	5 days of training (40+ hours of continuing education) plus hands-on and written assessments	Based on the results of the Oregon State University and Idaho State University research on practice trends and foundational competencies	Ground and mounted	https://leifhallberg.com (Websites of accrediting partners to follow)
Generation Farms Integrative Equine-Facilitated Wellness (EFW)	Trauma-informed and trauma-specific approach. See details above for EFW	Deborah Marshall and team	Canada	Training	Training approved as part of the EFW-Canada certification process	See details above for EFW	No. However, is grounded in neuroscience of trauma and mindfulness. Founder trained in Self-Regulation Therapy, EMDR and Equine-	Ground	www.generationfarms.ca

							Assisted EMDR, among other approaches.		
Gestalt Equine Psychotherapy (GEP; EAP)	Open to mental health professionals	Joan Rieger and Duey Freeman	USA	Training and certification	Founders' training institute: Gestalt Equine Institute of the Rockies (GEIR)	32 days of training; integration papers, and equine skills assessments, supervision hours and final project required.	Unknown. However, faculty are trained in Somatic Experiencing and Sensorimotor Psychotherapy (which are based on neuroscience research).	Ground	www.gestaltequineinstitute.com
Green Chimneys approach to animal- and nature-assisted interventions (includes working with equines)	Open to individuals of a variety of backgrounds.	Green Chimneys Children's Center	USA	Internship	Not applicable	Full time programs of 4 or 8 months in length	Yes	Unclear	www.greenchimneys.org/why-animals-nature/sam-myra-ross-institute/internship-program/
Healing Herd Programme	Open to professionals of various backgrounds	Potent Coaching	New Zealand	Training	Not applicable. Training offered by	Yearlong intensive combining professional development and personal growth	No	Ground	www.potent.co.nz/events/the-healing-herd-programme-2019
Healing Hooves Equine-Facilitated Wellness (EFW) and Animal-Assisted Therapy (AAT)	Trauma-informed and trauma-specific approach. See details above for EFW	Sue McIntosh and team	Canada	Training	Training approved as part of the EFW-Canada certification process. Inspired by the work of Dr. Gordon Neufeld.	See details above for EFW	No. However, is grounded in attachment and developmental neuroscience. Founder is also trained in EMDR.	Ground, some mounted on occasion	https://healinghooves.ca
HERD Institute Equine-Facilitated Psychotherapy (EFP) and Equine-Facilitated Learning (EFL)	EFP and EFL Certification (open to mental health, coaching, education and training professionals).	Veronica Lac and team	USA and UK	Training and certification	Human-Equine Relational Development (HERD) Institute	EFP: 20 days of training EFL: 2 online modules and 1 three-day intensive	Unknown	Ground	http://herdinstitute.com/
HEAL Model™ Equine-Facilitated Psychotherapy and Learning (EFP / EFL)	Trauma-informed approach. HEAL Certified Facilitator (open to individuals from various backgrounds).	Leigh Shambo and team	USA (international locations)	Training and certification	Founder	14 days of training over 2+ modules plus independent study and practice, peer	Yes. And is based on affective neuroscience research.	Ground and mounted	https://humanequinealliance.com/

						conferences, and supervised sessions.			
Horse-Assisted Education (EAHAE / HorseDream®)	Licensed HorseDream® Partner; leadership, coaching, change management, and personal growth facilitators	Gerhard J. Krebs	Germany (international locations)	Training and certification	Professional association and training institute (EAHAE International / EAHAE Academy)	8 days of live training in different modules. Individual training (live or online).	Unknown	Ground	www.horsedream.com www.eahae.online
Horse Constellations (Silver Horse Mentorship Program)	Trauma-informed and trauma-specific. Open to professionals of various backgrounds	Sarah Fancy	USA	Training	Not applicable. Based on Family Constellations intergenerational trauma approach (Bert Hellinger)	Half mentorship: 4 days of training, 4 coaching calls Full mentorship: 8 days of training, 8 coaching calls	Unknown	Ground	www.silverhorse.org/horse-constellation/ www.silverhorse.org/horse-constellation-training/
Horse Sense of the Carolinas EAP/EAL	Open to equine-assisted practitioners of a variety of backgrounds	Shannon Knapp and Richard Knapp	USA	Immersion and Internships	Horse Sense of the Carolinas. Interns must have completed Natural Lifemanship fundamentals course in TF-EAP™ (below)	Immersion: 1 day to 2 weeks, custom. Clinical Internships: 1 semester to 1 year. Equine Specialist Internships: at least 2 months	No but Natural Lifemanship is founded on research and neuroscience of trauma and attachment.	Ground and mounted (Natural Lifemanship-based work)	www.horsesenseotc.com/onsite-training
Horse Wisdom Yoga®	For individuals who wish to teach equine-assisted yoga	Fotini Chandrika Walton	Canada	Training	Approved by Yoga Alliance	200-hour yoga teacher training	No	Ground	www.thebigredbar.ca/horse-wisdom-yoga www.horsewisdomyoga.com
HorseWork (Strides for Success)	HorseWork Facilitator (open to individuals from various backgrounds)	John and Debbie Anderson, Blair McKissock	USA	Training and immersion	Not applicable. Courses approved for PATH International CEUs.	220 total hours of training and practice, including 3 onsite workshops (80 hours) and online courses, teleconferences (18 hours), mentoring, practice hours, video feedback sessions, final project and portfolio. Also offers a 1 week immersion.	Unknown	Ground, occasionally mounted	http://stridestosuccess.org/horse-work-approved-professional/

LEAP Equine-Facilitated Learning (EFL) and Equine Facilitated Psychotherapy (EFP)	EFP practitioner (open to mental health professionals) EFL practitioner (open to professionals from various backgrounds)	Sam Quinlan; current team of senior faculty and supervisors	UK	Regulated / accredited training	Crossfields Institute Level 5 Diploma in EFP (OFQUAL regulated). No certification for EFL.	EFP diploma: 370 hours of training and independent study. EFL training: 8 days plus independent study, supervised practice and mentoring.	Unknown. However, the HEAL model (which was studied and is founded on affective neuroscience research) informs the program.	Ground	www.leapequine.com
LEAP Equine-Facilitated Recovery™ (EFR)	Specific to addictions work.	Sam Quinlan; current team of senior faculty and supervisors	UK	Training	Not applicable	Contact LEAP for details	Unknown. However, the HEAL model (which was studied and is founded on affective neuroscience research) informs the program.	Ground	www.leapequine.com
Learning Horse	A different paradigm in equine-human interactions; supports EAP/EAL work.	Francesco De Giorgio and José De Giorgio-Schoorl	Netherlands and UK	Training	Founders' training institute: Learning Animals®	10 days (multiple modules), 12 hours (online courses), and exam	Unknown, but is based on cognitive neuroscience.	Ground	www.learning-animals.org/en/learning-horse
Medicine and Horsemanship	Training is geared towards medical students and other healthcare practitioners but the training does not teach them how to do EFPL. However, there is a training manual for facilitators to use the program.	Beverley Kane	USA	Training	N/A	Note: This training incorporates interactions with horses to teach medical professionals about interpersonal skills required to be effective with patients and colleagues.	Yes	Ground	www.horsensei.com/programs_medicine_horsemanship.html
Medicine Horse Ranch (MHR) Equine Interaction Internship	For equine-assisted practice professionals wanting to meet CBEIP certification requirements, or any EAPL practitioner or student wanting to hone skills	Medicine Horse Ranch team	USA	Internship	Not applicable. Completion of internship prepares participants for CBEIP. Requires completion of AIA modules (see above).	70+ hour training program with 4 training modules, skills practice, written evaluations, and other requirements	Unknown	Ground	http://medicinehorseranch.org/internships/

Medicine Horses	Master Medicine Horse Facilitator (open to people of various backgrounds)	Tina Barnes	Canada	Apprentice certification program	Founder	3 levels of certification, no details on website. Contact founder for information.	No	Unclear	www.medicinehorses.ca www.thirteenmonsfarm.com
OK Corral Series Equine-Assisted Psychotherapy and Learning (EAP, EAL)	Certified in EAP/EAL	Greg Kersten and Jennifer Kersten	USA	Training and certification	Founder	Certification earned after completing first 3-day seminar. 6 seminars total.	No. However, Greg Kersten was an original co-founder of EAGALA, which has been studied.	Ground	http://okcorralseries.com
PATH International Equine Specialist	Equine Specialist in Mental Health and Learning. Required for PATH-accredited facilities/programs (but also useful for other EAPL approaches and programs)	PATH International	USA	Certification	Professional Association of Therapeutic Horsemanship (PATH) International	Certification process	Unknown	Ground. Mounted work would require therapeutic riding instructor qualifications.	https://www.pathintl.org/40-resources/certification/933-es-certification
Psychodynamic Equine-Assisted Traumatherapy	Trauma-informed and trauma specific approach with particular focus on veterans but applicable to other populations (open to mental health therapists and equine professionals).	Ilka Parent	Germany (international locations)	Continuing education training	Not applicable	5-day training intensives.	Yes (currently in progress)	Ground	www.mindsnmotion.net
Relational Equine-Partnered Counseling (REPC)	Open to mental health professionals	Hallie Sheade and team	USA	Training	Not applicable	Contact Equine Connection Counseling Services for details	Unknown	Ground	www.equineconnectioncounseling.com/eccs-models.html
Somatic Experiencing® and Horses	Trauma-informed and trauma-specific approach. Open to Somatic Experiencing® students and practitioners	Nancy Waite-O'Brien and Cindy Brooks	USA	Training	Not applicable	4 days. Training flyer shared on Facebook; for information, contact founders.	No but is grounded in neuroscience of trauma	Ground	www.windhorsecrossing.com/index.html www.cindybrookslmftsep.com/
Trauma-Focused Equine-Assisted Psychotherapy™ (TF-EAP) and Rhythmic Riding™	Trauma-informed and trauma-specific approach (open to mental health therapists, life coaches and other disciplines, and equine professionals).	Tim Jobe and Bettina Shultz-Jobe and team	USA (international locations)	Training and certification	Natural Lifemanship (founders' training institute)	Introduction to NL (1 day). Fundamentals training (online or 2 days in person). Intensives: 3 days. Rhythmic Riding™ intensives (3 days). Assignments, practice hours and consultations required to complete certification.	No. However, is based on neuroscience of trauma and attachment research.	Ground and mounted	https://naturallifemanship.com

Trauma-Informed Equine-Assisted Mindfulness™	Equine-assisted practitioners of various backgrounds	Shannon Knapp, Horse Sense of the Carolinas	USA	Continuing education training	Not applicable	2.5 day training	No but mindfulness in general has received extensive research support.	Ground	www.horsesenseotc.com/onsite-training
Windhorse Wisdom Equine Experiential Learning (EEL)	Trauma-informed approach; Equine Experiential Learning Facilitator / Practitioner (open to a variety of backgrounds)	Cheryl Cruttenden	Australia	Training	Not applicable	Contact founder for details.	No but grounded in research and neuroscience and neurobiology	Ground	www.wisdomunlimitedpl.com

Conferences, Tele-summits and Symposium Events				
Host / Coordinator	Event(s)	Location	Frequency	Website
Academy for Coaching with Horses	Annual conference	USA	Yearly	https://coachingwithhorses.com/
Equine-Assisted Growth and Learning Association (EAGALA)	Annual conference	USA	Yearly	http://home.eagala.org
Equine-Assisted and Facilitated Practitioners' Network (EAFPN)	Conference on equine-assisted practice	UK	See website	http://eafpnconference.co.uk
Equine Guided Education Association (EGEA)	Conference on equine guided education	USA	Conference used to be held yearly. Unclear if conferences continue to be held.	https://egeassociation.wordpress.com/annual-conference/
Equine Pathfinders Foundation	Spirit Horse Festival, focusing on horse-human experiential learning and horse-human relationship	New Zealand	First one in 2019	https://spirithorsefestival.org
Equine Psychotherapy Institute	Conference	Australia	See website	www.equinepsychotherapy.net.au/epi-conference/
Green Chimneys Children's Center Sam and Myra Ross Institute	National and international conferences on the human-animal bond, animal-assisted therapy and equine-assisted therapy/learning. Also provides shorter seminars on the same topics.	USA	Conferences tend to take place every 2-3 years. Seminars occur on a more regular basis.	www.greenchimneys.org
Healing with Horse Collective	Telesummits and symposium events on equine-assisted practice.	Online and USA	Visit website for updates	www.healingwithhorse.org/
Horses in Education and Therapy International (HETI) / Federation for Horses in Education and Therapy International	International congress	International locations	Yearly	https://hetifederation.org
International Association for Human-Animal Interaction Associations (IAHAIO)	National and international conferences and symposiums on the human-animal bond and animal-assisted interventions.	Various	International conference occurs every 3 years. Other events occur at varying intervals.	http://iahaio.org
International Society for Anthrozoology (ISAZ)	Annual conferences on human-animal interactions	International locations	Yearly	www.isaz.net/isaz/conferences/
Minds-n-Motion / MiMER Centre	A Horse is a Horse, of Course: International Symposium for Equine Welfare and Wellness (promoting the safety, care and wellbeing of equines in animal-assisted therapy and learning programs).	International – various locations	Yearly	www.mindsnmotionsymposium.org
My Horses, My Healers Sanctuary (Shelley Rosenberg)	International Equine Summit (for anyone in the equine, horsemanship, equestrian, human-animal bond, and EAPL field).	USA	Yearly	https://shelleyrosenberg.com/
PATH International	Conferences on equine-assisted activities, therapeutic horsemanship/riding, and equine-assisted therapies.	USA	Yearly grand conference, and 11 regional conferences annually. Virtual conference.	www.pathintl.org/path-intl-conferences

Frequently Asked Questions

Is there a governing body for the field of equine-assisted interventions?

No, there are no official governing bodies that are government legislated to regulate the field at the present time. There are, however, attempts at creating standards that differ from continent to continent. Currently, there exist numerous professional associations that represent particular approaches to equine-assisted interventions, training institutes, and independent trainings in various approaches to the work. There are also a number of programs offered independently or conjointly with universities or community colleges. And there are also organizations offering government-recognized accreditations to particular training programs.

The term “governing body” typically (at least in North America) refers to a licensing Board or regulatory College that has been government-sanctioned to “govern” (regulate or license) professionals in a particular field (e.g., medicine, psychology, etc.) with a mandate to protect the public and the legal ability to prevent someone from practicing a particular profession (i.e., revoking a license or regulated title). Professional associations, while they may have standards of practice, ethics, and complaints procedures like governing bodies do, represent the interests of their members and are often involved in providing training, certification, continuing education, and advocacy. Professional associations also do not have the legal strength that formal governing bodies do. Membership in a professional association or certification via an independent certifying body is voluntary, whereas registration or licensing is mandatory. For example, a medical doctor could lose their license to practice medicine altogether, whereas a professional could lose their certification in a particular approach but continue to practice said approach in an uncertified way without the vetting of a professional association.

There is a big difference between being licensed or regulated to practice a particular profession, and being certified in a particular approach. In the US and Canada, *therapeutic approaches* are not typically governed by government legislation; *practitioners* in various scopes of practice are. Since equine-assisted interventions are typically understood to be approaches that professional can use within various scopes of practice, North American governments will likely not be creating any legislation around the practice of equine-assisted interventions. However, this may not reflect the infrastructure in other countries, where professional designations, fields and approaches may be overseen differently. For example, in the UK and Australia, there are accreditation standards for *training programs* in the field of equine-assisted practice.

What is the issue I keep hearing about certifications?

Certifications have come under scrutiny since anyone can claim to “certify” someone in something, without any overarching set of professional standards or regulations to guide the certification process. This means that there is a great deal of variability between programs in terms of the qualifications of those providing the certification, as well as variability in the quality, standards, ethics, eligibility requirements, length, certification requirements, evaluation or vetting of participants, and continuing education requirements to maintain certification. For instance, one program can claim to certify someone to do something in a few days without any further vetting or requirements, whereas another program requires weeks or years of training and other requirements prior to offering certification status. This does not mean that shorter programs are without merit or value, simply that the word “certification” means something different every time. To enhance credibility, international Standard ISO/IEC 17024 indicates that certification should come from independent and nationally recognized professional associations and not from organizations or individuals providing trainings. However, this is not always the case. As a result, the field has certifications that are offered by individuals, by training institutes/academies in a particular approach founded by a particular individual, by professional associations representing particular approaches (that are often founded by those who created the approach), as well as independent certifications by independent bodies that are not affiliated with any particular approach. To add to the complexity, there are also trainings and certifications in approaches that are integrative and combine elements from a number of other approaches. The field also has a number of trainings that offer certificates of completion (but are not certifications), in keeping with the international standard, as well as training programs that have been independently accredited by an external body. Individuals are encouraged to thoroughly research programs prior to engaging in professional development to ensure a particular program, regardless of its features, is the right fit and meets their professional requirements (if any or if relevant).

How does one distinguish between the various approaches and trainings listed above?

This list offers an overview of some of the more well-known English language training and certification programs in the field of equine-assisted interventions that focus on equine-assisted therapy and learning (or horse-human interactions). It is not intended to be an exhaustive list, and any omissions are unintentional (please contact me to add your training or certification program to future revisions of this list). Therapeutic riding/horsemanship (equine-assisted activity) and hippotherapy (equine-assisted therapy in physical therapy, occupational therapy, or speech therapy) programs are not in this list. The differences between each of the programs in the list are too numerous to include in a table like this. Each program has a particular theoretical orientation, view of the role of the horse, consideration for the animals' welfare, pre-requisite requirements, scopes of practice, target population / focus area, length, certification requirements, continuing education requirements, affiliation, emphasis on horsemanship skills and equine science, style of horsemanship utilized, may or may not include business coaching support, and has its own "culture" that reflects the personality and style of its founder or trainers. Each training approach will also differ in its inclusion of ground work, table work, or mounted work, and the types of activities involved. Finally, some trainings will be more reputable than others. It is not the goal of this list to indicate reputability, quality or safety; further research into programs is advised.

The field of equine-facilitated practice is in some ways no different from the field of non-equine focused interventions (counselling, psychotherapy, coaching, education, etc.). These fields are also characterized by a wide range of approaches, perspectives, methods, frameworks and techniques. While some individuals choose to focus on one specific approach, others obtain training in a number of approaches to have a bigger toolkit to meet the needs of clients / patients / students (and equines). Engaging in continuing education or professional development is a life-long career process and does not stop after one training or credential. Thankfully, the field is filled with options to supplement and enhance learning.

Trauma and neuroscience feature heavily in this list. What about other angles and issues?

Trauma and neuroscience are a strong area of interest in the field of equine-assisted practice and in the helping professions in general. The programs or approaches that are known to provide trauma-specific treatment or that are trauma-informed have been identified as such; this does not mean that the other approaches in the list are not used with trauma survivors, but rather that these approaches are not as specialized or focused in that area. There are many applications to equine-assisted interventions; working with children, adults, couples, corporate/leadership teams, addictions, eating disorders, other mental health issues, personal growth, spirituality, life skills, veterans, first responders, self-esteem, confidence, and so on. The programs in this list each address a wide range of issues; it was not possible to specify every area of focus in the table above. Please visit their websites to get a better feel for what each one has to offer. Also, the approaches that have either been researched or that are known to incorporate research have been identified to help those who need to demonstrate the scientific basis for their EFPL work in order to obtain funding or buy-in. This does not mean that programs or approaches that are not as grounded in scientific evidence or that have not been researched are any less valuable; each program has its own strengths. If there is a particular training in the list that should be marked as trauma-informed/specific or that should be marked as having been researched, please contact info@equusoma.com so that this can be included in future updates of the list.

I know of other EFPL approaches that are not in this list. Why are they not included?

There are many other approaches and acronyms in the field of equine-assisted practice; however, not all of them have expanded to include training or certification programs. Only those offering professional development are in this list. This list is not exhaustive; if there are other English-language EFPL approaches that have training or certification programs that should be included, please send details to info@equusoma.com.

Are there other relevant training programs that could help me progress in this work?

There are numerous other training programs available worldwide in equine-assisted interventions in languages other than English. Also, there are a number of coaches, instructors, training institutes and university programs that focus on anthrozoology, the human-animal bond, human-animal interactions, animal-assisted therapy, therapeutic horsemanship, therapeutic riding, equine sciences and horsemanship. These training programs are not in this list but are worth considering.